

## FIRST NAME LAST NAME

City / State Phone Number

Emailaddress@provider.com www.linkedin.com/in/yourprofilenamehere/

### EDUCATION

#### **Bachelor of Science in Nutrition, Dietetics, and Wellness, May 20XX**

Northern Illinois University, DeKalb, IL

Emphasis: **Nutrition, Health and Wellness**

GPA 3.7/4.0

### NUTRITION AND DIETETICS EXPERIENCE

#### **Dietary Aide**, Pine Acres Nursing Home, DeKalb, IL, September 20XX – Present

- Collaborate with a team to prepare 100+ patient food trays per shift; deliver meals to patients and resolve any discrepancies to ensure accuracy of food preferences.
- Coach residents on menu selections and communicate patient needs to staff.
- Develop Heart Healthy packets for cardiac patients highlighting snack foods.
- Observed 30+ nutrition assessments completed by staff dietitians; gained understanding of the nutritional needs and challenges faced by the elderly population.

#### **Social Media Volunteer Coordinator**, Food for Greater Elgin - Northern Illinois Food Bank, Elgin, IL, October 20XX – Present

- Create engaging text, image, and video content to establish and maintain a strong on-line presence to attract clients and promote Food for Greater Elgin resources.
- Collaborate with leadership, public relations, and communications teams to ensure consistent brand messages.
- Volunteer monthly for hunger action pack-a-thons.

### STUDENT LEADERSHIP ACTIVITIES

#### **Student Dietetic Association**, Northern Illinois University, DeKalb, IL, August 20XX – Present

- Collaborate with planning committee to organize two to three events each semester to promote dietetics and raise funds for local and national non-profit organizations.
- Volunteer bi-weekly at NIU Huskie Food Pantry sorting and distributing food.
- Facilitate community awareness of hunger issues in local and global areas by encouraging campus involvement in Crop Walk and Empty Bowls events.

### RELATED EXPERIENCE

#### **Banquet Server**, Stonebridge Country Club, Aurora, IL, May 20XX - August 20XX

- Worked quickly and effectively with team members to set up events to specifications; anticipated guests' needs to deliver outstanding service throughout events.
- Prioritized and maintained a calm demeanor within a demanding environment to keep event operating to standard and to set a positive example for the serving and catering teams.

### HONORS AND MEMBERSHIP

Northern Illinois University Honors Program, August 20XX – Present

Mortar Board National College Senior Honor Society, August 20XX – Present

Student Dietetic Association (SDA), August 20XX – Present

### CERTIFICATIONS

ServSafe; First Aid; CPR